

Country Cross Stitch Kits

Quality Kits, Cards & Patterns!

‘Diet Tomorrow’



Contents

Information Pages

Page	Description
i	Key, Chart Information & Thread Lengths
ii	Thread Organiser
iii	Instructions

Chart

Page	Description
1	Cross Stitch Chart
2	Back Stitch Chart

Key









<i>Symbol</i>	<i>Colour</i>	<i>DMC</i>	<i>Anchor</i>
	White	Blanc	2
	Dark Straw	3820	306
	Red	321	47
	Cranberry	603	62
	Black (Backstitch)	310	403

Chart Information & Thread Lengths





Finished Size in stitches : 34 x 34
Total No of Stitches : 413

<i>Symbol</i>	<i>Aida 11 Count or Evenweave 22 Count</i>		<i>Aida 14 Count or Evenweave 28 Count</i>		<i>Aida 16 Count or Evenweave 32 Count</i>		<i>Aida 18 Count or Evenweave 36 Count</i>	
	<i>Inches</i>	<i>Cm</i>	<i>Inches</i>	<i>Cm</i>	<i>Inches</i>	<i>Cm</i>	<i>Inches</i>	<i>Cm</i>
	5.3	13.6	4.2	10.7	3.7	9.3	3.3	8.3
	26.5	67.2	20.8	52.8	18.2	46.2	16.2	41.1
	29.5	74.8	23.2	58.8	20.3	51.5	18.0	45.7
	34.6	87.8	27.2	69.0	23.8	60.4	21.1	53.7
Backstitch	15.5	39.3	12.1	30.8	10.6	27.0	9.4	24.0
Finished Size	3.1 x 3.1	7.9 x 7.9	2.4 x 2.4	6.2 x 6.2	2.1 x 2.1	5.4 x 5.4	1.9 x 1.9	4.8 x 4.8

Approx lengths for 6 strand thread.

Thread Organiser

To make a thread organiser, print out an extra copy of this page, cut out the organiser below and stick it to a piece of card, then punch / cut the holes marked to the left of the symbols.

<input type="radio"/>		White
<input type="radio"/>		Dark Straw
<input type="radio"/>		Red
<input type="radio"/>		Cranberry
<input type="radio"/>		Black (Backstitch)

Using your Chart

Threads

All our charts are designed to be stitched using stranded cotton which is normally supplied in skeins of 6 strands. Unless otherwise stated we recommend you use 1 or 2 strands at a time as follows:- **Cross Stitch = 2 strands** **Backstitch = 1 strand**
If thread lengths are stated in the charts they are approximately 10% above the absolute minimum required to complete the design, it is sensible to allow a little extra in case of mistakes.

Sewing your Chart

You may sew your charts either singly or combine them to make interesting & unique designs of your own. Graph paper is handy to help you work out the spacing of your own designs. We suggest colours for the designs but of course it is entirely up to you what colours you use. You may also wish to experiment with Metallic Threads and beads for extra interest.

Printing

To print individual pages from your chart follow these steps:-

- Find the page you wish to print and display it on the PC screen in the PDF viewer (normally Adobe Acrobat)
- Select the 'File' menu, then 'Print'.
- Select 'Current Page' then select OK, this will print just the current page.

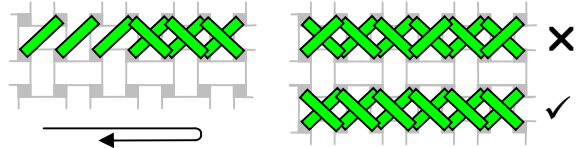
Cross Stitching Guidance

Cross stitching can be simple or demanding depending on what you choose to sew but if you haven't stitched anything before take the time to read these notes which will help you to get the most from your pattern.

The Chart

Each square on the chart represents 1 cross stitch on the fabric. For best results work the half stitches in a row first, then sew the top stitches afterwards.

Always make sure that the top stitches are all in the same direction.



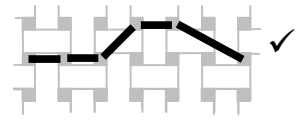
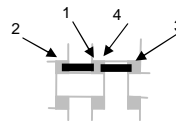
Backstitch

There maybe backstitching required, if so a separate chart showing this backstitching will be included. Backstitching is worked in a continuous line.

Example:

First stitch: bring the needle from the back of the fabric to the front at position 1, then back through at 2.

Second stitch: bring the needle from the back of the fabric to the front at position 3, then back through at 4.



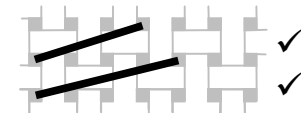
Back stitches can be diagonal and can go across 2 squares.

Do not add the backstitches until all of the cross stitching is complete.

Long Stitches

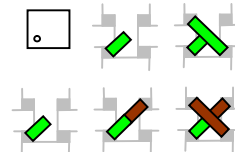
If any long stitches are required they will be shown on the backstitch chart. Long stitches are the same as backstitches except they cover more than two stitches. Use them when it is not possible to sew a backstitch.

Do not add the long stitches until all of the cross stitching is complete.



Fractional Stitches

Small symbols on the chart which cover half a square represent fractional stitches. Sew a quarter stitch in the required colour and add a diagonal, this makes a three quarter stitch.



If a square on the chart has a small symbol in opposite corners it should be sewn in two colours. Sew a quarter stitch in the first colour then add a three-quarter stitch in the second colour.



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